



"We, who are many, are one body in Christ, and individually we are members, one of another." (Romans 12:5)

PRAYERS FOR CATHOLIC EDUCATION WEEK

Secondary Schools

Catholic Education Week 2023 Theme: *We are Many, We are One*

Introduction

Each year, the Catholic School Divisions in Saskatchewan engage in a week-long celebration of the unique identity and distinctive contributions of Catholic education during Catholic Education Week. This year's celebration is entitled, "Catholic Education: We are Many, We are One." The theme was inspired by the Church's synodal process and the ongoing recognition of the Truth and Reconciliation Calls to Action.

There are five sub-themes, one for each day of Catholic Education Week. The five sub-themes for Catholic Education Week illuminate the path to being many and one. Here are the subthemes:

Monday:	When we see / En voyant
Tuesday:	When we listen / En écoutant
Wednesday:	When we reflect / En réfléchissant
Thursday:	When we learn / En apprenant
Friday:	When we act / En agissant

MONDAY – WHEN WE SEE

CALL TO PRAYER

Each year, the Catholic School Divisions in Saskatchewan engage in a week-long celebration of the unique identity and distinctive contributions of Catholic education during Catholic Education Week. This year's celebration is entitled, "Catholic Education: We are Many, We are One." The theme was inspired by the Church's synodal process and the ongoing recognition of the Truth and Reconciliation Calls to Action.

There are five sub-themes, one for each day of Catholic Education Week. The five sub-themes for Catholic Education Week illuminate the path to being many and one. The subtheme for today is "We are Many, We are One..... When we see"

Let us pray: In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Loving God,

You brought sight to the blind man and you live in our hearts to bring sight to us. Empower us to open our eyes and truly see all of your children, to love as you love us and to appreciate that though we are many, we are one in your love. Bless our school and bless us during this Catholic Education Week as we embrace the theme, "We are Many, We are One." We make this prayer in the name of Jesus.

Amen.

Au nom du Père, et du Fils et du Saint-Esprit. Amen. +

Notre Dieu aimé,

Tu as donné la vue à un homme aveugle et tu vis dans nos cœurs et tu nous donnes de la clarté. Donne nous la capacité d'ouvrir nos yeux pour que tu puisses voir tes enfants, pour nous aimer comme tu nous aimes et pour apprécier que même si on est nombreux, on est tous unis dans ton amour. Bénis notre école et bénis nous durant cette Semaine d'Éducation Catholique pendant qu'on saisit le thème, "Nous Sommes nombreux, nous sommes unis" Nous faisons cette prière au nom de Jésus.

Amen.

If time allows for deeper reflection, continue with the following:

Let us listen to a reading from Scripture (Matthew 5:8)

A reading from the holy Gospel according to Matthew. Glory to you, O Lord.

The Beatitudes

When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him. And he began to speak and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn for they will be comforted. Blessed are the meek, for they will inherit he earth.

Blessed are those who hunger and thirst for righteousness, for they will be filled.

Blessed are the merciful, for they will receive mercy.

Blessed are the pure in heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

REFLECTION

What do the beatitudes mean for us? When we think of the beatitudes, Jesus tells us that we can be happy if we follow these directives. Think about how the ten Commandments tell us to not do things (do not steal, do not kill). The beatitudes tell us that we are blessed or that it is a good thing when we do what it suggests. Some of the beatitudes might be easy for us to follow, some are difficult. Reflect today which beatitude is important to you and which you want to embrace more deeply.

FOR FURTHER REFLECTION

What comes to mind for you when you hear the phrase; 'We are Many, We are One'. How does diversity enrich your life? Why do you think our faith calls us to embrace our differences?

PRAYERS OF THE FAITHFUL - Please respond, "We Pray to the Lord."

- For the Church throughout the world: that we may strive to live the entire Christian message, we pray to the Lord. R
- For Pope Francis, that the Spirit continue to give him strength in renewing the Church for today. We pray to the Lord. R.
- For our Bishops and priests, may they continue to guide and encourage the staff to remain faithful to Gospel teachings, we pray to the Lord. R
- For our school and all our students that we rediscover God's love and how we are many, we are one. We pray to the Lord. R.
- For prayers that we hold in our hearts (silence). We pray to the Lord. R.

CLOSING PRAYER

Jesus, our brother and teacher, help us to see more clearly, and to love as you love. Open our hearts to the diversity of God's people and enable us to stand for each other. Amen. Jésus, notre frère et enseignant, aide nous à voir plus clairement et à aimer comme tu aimes. Ouvre nos coeurs à la diversité des peuples de Dieu et permet nous de nous aider les uns les autres.

Amen +

Au nom du Père, et du Fils et du Saint-Esprit. Amen.

TUESDAY - WHEN WE LISTEN

CALL TO PRAYER

The theme of Catholic Education Week focuses us on We are many, We are one. The subtheme for today is "We are many, We are one…when we listen." If there has ever been a time when listening was required, it is now. Listening is a wonderful starting place to engage the theme. There are many divergent voices, many opinions, many ideas. Deep listening can bring us together as one. Let us pray.

OPENING PRAYER

Gracious God, you have made us in your image. We have deep capacities to hear and to listen as you do. Guide us to listen to those who are not heard, those who have important messages, and to listen critically to hear truth, and only truth. Bless our school and bless us during this Catholic Education Week as we embrace the theme, "We are Many, We are One". We make this prayer in the name of Jesus. Amen

Au nom du Père, et du Fils et du Saint-Esprit. Amen. +

Dieu gracieux, tu nous a créés dans ton image. Nous avons tous une capacité profonde d'écouter et d'entendre comme tu le fais. Guide nous pour ecouter ceux qui ne sont pas écoutés, ceux qui ont des messages importants, et d'écouter avec un esprit critique afin d'entendre la vérité, et que la vérité. Bénis notre école et bénis nous pendant cette Semaine d'Éducation Catholique lorsque nous embrasserons le thème; "Nous sommes plusieurs, nous sommes unis." Nous offrons cette prière au nom de Jésus. Amen +

If time allows for deeper reflection, continue with the following:

Let us listen to a reading from Scripture (James 1:19)

A reading from the letter of James.

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfillment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures.

You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger.

The word of the Lord. Thanks be to God.

A reading from the Encyclical Fratelli Tutti by Pope Francis

48. The ability to sit down and listen to others, typical of interpersonal encounters, is paradigmatic of the welcoming attitude shown by those who transcend narcissism and accept others, caring for them and welcoming them into their lives. Yet "today's world is largely a deaf world... At times, the frantic pace of the modern world prevents us from listening attentively to what another person is saying. Halfway through, we interrupt him and want to contradict what he has not even finished saying. We must not lose our ability to listen". Saint Francis "heard the voice of God, he heard the voice of the poor, he heard the voice of the infirm and he heard the voice of nature. He made of them a way of life. My desire is that the seed that Saint Francis planted may grow in the hearts of many".[49]

49. As silence and careful listening disappear, replaced by a frenzy of texting, this basic structure of sage human communication is at risk. A new lifestyle is emerging, where we create only what we want and exclude all that we cannot control or know instantly and superficially. This process, by its intrinsic logic, blocks the kind of serene reflection that could lead us to a shared wisdom.

PRAYERS OF THE FAITHFUL - Please respond, "We Pray to the Lord."

- For the Church throughout the world: that we may strive to live the entire Christian message, we pray to the Lord. R
- For Pope Francis, that the Spirit continue to give him strength in renewing the Church for today. We pray to the Lord. R.
- For our Bishops and priests, may they continue to guide and encourage the staff to remain faithful to Gospel teachings, we pray to the Lord. R
- For our school and all our students that we rediscover God's love and how we are many, we are one. We pray to the Lord. R.
- For prayers that we hold in our hearts (silence). We pray to the Lord. R.

CLOSING PRAYER

God of mercy and compassion, help us to discern how to change the world by listening deeply to those around us, to the truth as we experience it and to you. We know you walk with us and listen to us with every breath we take. By our listening, may today's world be attentive to what is truly important. Amen.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.+

"Dieu de miséricorde et de compassion, aide-nous à discerner comment changer le monde en écoutant profondément ceux qui nous entourent, en découvrant la vérité telle que nous la vivons et telle que vous la révélez."

Au nom du Père, du Fils et du Saint Esprit. Amen +

WEDNESDAY – WHEN WE REFLECT

CALL TO PRAYER

The theme of Catholic Education Week focuses us on We are many, We are one. The subtheme for today is "We are many, We are one...when we reflect." As we are called to reflect, let us be mindful of the words of Pope Francis:

"A love capable of transcending borders is the basis of what in every city and country can be called 'social friendship.' Genuine social friendship within a society makes true universal openness possible" (Fratelli Tutti, No. 99).

OPENING PRAYER

+ In the name of the Father, and of the Son and of the Holy Spirit. Amen.

God of love and infinite wisdom. Instill in us the courage through reflection to learn, unlearn, and re-learn to seek the truth and guide us into action. Give us the ability to listen deeply to every voice, not just the loudest but those voices that are not always heard. Please provide us with empathy and foresight as servant leaders to affirm, support, and empower one another, as we embrace your wisdom to strive toward reconciliation through the power of reflection. Let us unite as one body in Christ. Bless our school and bless us during this Catholic Education Week as we embrace the theme, "We are Many, We are One."

We make this prayer in the name of Jesus.

Au nom du Père, et du Fils et du Saint-Esprit. Amen. +

Dieu d'amour et de sagesse infinie. Inculque en nous le courage par la réflexion d'apprendre, de désapprendre et de réapprendre pour chercher la vérité et nous guider dans l'action. Donnez-nous la capacité d'écouter profondément chaque voix, pas seulement les plus fortes mais celles qui ne sont pas toujours entendues. S'il te plaît, donne-nous de l'empathie et de la prévoyance en tant que leaders serviteurs pour affirmer, soutenir et habiliter les uns les autres, alors que nous embrassons ta sagesse pour tendre vers la réconciliation grâce au pouvoir de la réflexion. Unissons-nous-en un seul corps dans le Christ. Bénis notre école et bénis-nous pendant cette Semaine de l'éducation catholique alors que nous embrassons le thème « Nous sommes nombreux, Nous sommes Un ».

Nous faisons cette prière au nom de Jésus.

Amen +

If time allows for deeper reflection, continue with the following:

Let us listen to a reading from Scripture (Luke 15:11-32)

A reading from the holy Gospel according to Luke. Glory to you, O Lord.

¹¹ Then Jesus said, "There was a man who had two sons. ¹² The younger of them said to his father, 'Father, give me the share of the property that will belong to me.' So he divided his property between them. ¹³ A few days later the younger son gathered all he had and traveled to a distant country, and there he squandered his property in dissolute living. ¹⁴ When he had spent everything, a severe famine took place throughout that country, and he began to be in need. ¹⁵ So

he went and hired himself out to one of the citizens of that country, who sent him to his fields to feed the pigs. ¹⁶ He would gladly have filled himself with^[b] the pods that the pigs were eating; and no one gave him anything. ¹⁷ But when he came to himself he said, 'How many of my father's hired hands have bread enough and to spare, but here I am dying of hunger! ¹⁸ I will get up and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; ¹⁹ I am no longer worthy to be called your son; treat me like one of your hired hands."" ²⁰ So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. ²¹ Then the son said to him, 'Father, I have sinned against heaven and before you; son.'^{[g] 22} But the father said to his slaves, 'Quickly, bring out a robe—the best one—and put it on him; put a ring on his finger and sandals on his feet. ²³ And get the fatted calf and kill it, and let us eat and celebrate; ²⁴ for this son of mine was dead and is alive again; he was lost and is found!' And they began to celebrate.

²⁵ "Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. ²⁶ He called one of the slaves and asked what was going on. ²⁷ He replied, 'Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.' ²⁸ Then he became angry and refused to go in. His father came out and began to plead with him. ²⁹ But he answered his father, 'Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. ³⁰ But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!' ³¹ Then the father^[d] said to him, 'Son, you are always with me, and all that is mine is yours. ³² But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.'"

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

SPIRITUAL REFLECTION

Reflect on the Following Passages from Fratelli Tutti

"Justice is properly sought solely out of love of justice itself, out of respect for the victims, as a means of preventing new crimes and protecting the common good, not as an alleged outlet for personal anger. Forgiveness is precisely what enables us to pursue justice without falling into a spiral of revenge or the injustice of forgetting." *Fratelli Tutti*, 252

"At a time when various forms of fundamentalist intolerance are damaging relationships between individuals, groups and peoples, let us be committed to living and teaching the value of respect for others, a love capable of welcoming differences, and the priority of the dignity of every human being over his or her ideas, opinions, practices and even sins." *Fratelli Tutti*, 191

PRAYERS OF THE FAITHFUL - Please respond, "We Pray to the Lord."

- For the Church throughout the world: that we may strive to live the entire Christian message, we pray to the Lord. R
- For Pope Francis, that the Spirit continue to give him strength in renewing the Church for today. We pray to the Lord. R.
- For our Bishops and priests, may they continue to guide and encourage the staff to remain faithful to Gospel teachings, we pray to the Lord. R
- For our school and all our students that we rediscover God's love and how we are many, we are one. We pray to the Lord. R.

• For prayers that we hold in our hearts (silence). We pray to the Lord. R.

CLOSING PRAYER

Lord Jesus, master teacher and saviour, guide us to lead and serve the poor, vulnerable, and one another in your image and likeness. Give us the courage and strength to reflect upon the relationships in our lives that need care and healing. Give us the strength, courage and vulnerability to reconcile and spread joy, hope and love, now and always. For this, we ask your blessings.

Amen+

Seigneur Jésus, maître enseignant et sauveur, guide-nous pour diriger et servir les pauvres, les vulnérables et les uns les autres à votre image et ressemblance. Donne-nous le courage et la force de réfléchir aux relations dans nos vies qui ont besoin de soins et de guérison. Donne-nous la force, le courage et la vulnérabilité pour réconcilier et répandre la joie, l'espoir et l'amour, maintenant et toujours.

Pour cela, nous demandons tes bénédictions. Amen +

Au nom du Père, et du Fils et du Saint-Esprit. Amen.

THURSDAY – WHEN WE LEARN

CALL TO PRAYER

The theme of Catholic Education Week focuses us on We are many, We are one. The subtheme for today is "We are many, We are one...when we learn." We are called to learn and contemplate the rich and valuable contributions of our first peoples. Embracing our Catholic Social Teaching, we learn and reflect on the journey towards truth, healing and reconciliation. In addition, today is World Catholic Education Day. Catholic Schools around the world are celebrating the gift of Catholic Education.

Let us pray:

+ In the name of the Father, and of the Son and of the Holy Spirit. Amen.

OPENING PRAYER (inspired by a prayer from Pope Francis)

All powerful God, You are present in the whole universe and in the smallest of Your Creatures. You embrace with Your tenderness all that exists.

On this World Catholic Education day, pour out upon us the power of Your love, that we may protect life and beauty. Fill us with peace, that we may live as brothers and sisters, harming no one. We thank you for being with us each day. Encourage us, we pray, in our struggle for justice, love and peace. Through Christ our Lord, Amen.

Au nom du Père, et du Fils et du Saint-Esprit. Amen. +

Dieux tout-puissant

Tu es présent dans tout l'univers et dans la plus petite de tes créatures. Tu embrasses avec ta tendresse tout ce qui existe. En ce jour de l'education Catholique Mondiale, verse sur nous la puissance de Ton amour, que l'on peut protéger la vie et la beauté. Remplis-nous chaque jour. Encourage nous, nous te prions, dans nos épreuves pour la justice, l'amour et la paix. Par Christ notre Dieu,

Amen. +

If time allows for deeper reflection, continue with the following:

Let us listen to a reading from scripture (Romans 12:1-5)

A reading from the letter of Paul to the Romans.

I appeal to you therefore, brothers and sisters, on the basis of God's mercy, to present your bodies as a living sacrifice, holy and acceptable to God, which is your reasonable act of worship. Do not be conformed to this age, but be transformed by the renewing of the mind, so that you may discern what is the will of God - what is good and acceptable and perfect. For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another.

The word of the Lord. Thanks be to God.

QUESTIONS FOR REFLECTION

(Centred on our Catholic Social Teaching and Catholic Graduate Expectations)

- o As a discerning believer, how do we promote social responsibility, human solidarity and the common good?
- o As an effective communicator, how can we listen actively and critically?
- o As a reflective, creative and holistic thinker, how can we make decisions with an informed moral conscience for the development of a just and compassionate society?
- o As a self-directed, responsible, lifelong learner, how can we respond to, and constructively influence change in a discerning manner?
- As a collaborative contributor, how can we find meaning, dignity and vocation in work which respects the rights of all and contributes to the common good?
- o How does the papal visit connect to the Catholic social teachings; the dignity of the human person, solidarity and the common good?
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PRAYERS OF THE FAITHFUL - Please respond, "We Pray to the Lord."

- For the Church throughout the world: that we may strive to live the entire Christian message, we pray to the Lord. R
- For Pope Francis, that the Spirit continue to give him strength in renewing the Church for today. We pray to the Lord. R.
- For our Bishops and priests, may they continue to guide and encourage the staff to remain faithful to Gospel teachings, we pray to the Lord. R
- For our school and all our students that we rediscover God's love and how we are many, we are one. We pray to the Lord. R.
- For prayers that we hold in our hearts (silence). We pray to the Lord. R.

CLOSING PRAYER

The Prayer of St. Francis Lord, make me an instrument of your peace, Where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy;

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love.

For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen. +

+ In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Priere de St. Francois d'Assise

Seigneur, faites de moi un instrument de votre paix.

Là où il y a de la haine, que je mette l'amour.

Là où il y a l'offense, que je mette le pardon.

Là où il y a la discorde, que je mette l'union.

Là où il y a l'erreur, que je mette la vérité.

Là où il y a le doute, que je mette la foi.

Là où il y a le désespoir, que je mette l'espérance.

Là où il y a les ténèbres, que je mette votre lumière.

Là où il y a la tristesse, que je mette la joie.

Ô Maître, que je ne cherche pas tant à être consolé qu'à consoler, à être compris qu'à comprendre, à être aimé qu'à aimer, car c'est en donnant qu'on reçoit, c'est en s'oubliant qu'on trouve, c'est en pardonnant qu'on est pardonné, c'est en mourant qu'on ressuscite à l'éternelle vie.

Amen +

Au nom du Père, et du Fils et du Saint-Esprit. Amen. +

FRIDAY – WHEN WE ACT

CALL TO PRAYER

The theme of Catholic Education Week focuses us on We are many, We are one. The subtheme for today is "We are many, We are one...when we act." As members of God's beloved family, every day we are called to make choices, and to take actions, that celebrate the richness of our differences. By tapping into our many different strengths, we work together for a world of justice, inclusion, peace and equity. Our faith calls us to be ACTION people!

OPENING PRAYER

+ In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Loving God, you call us every day to help build a culture where, despite our differences, we are united as your beloved children—where no one is excluded. Show us how to use our words and actions to bring people together in respect, kindness and cooperation. May we see our diversity as a source of strength and beauty, and may we weave together a world of greater oneness and hope. We ask this through Jesus Christ our Lord. Amen.

Au nom du Père, et du Fils et du Saint-Esprit. Amen +

Dieu aimant, tu nous appelles chaque jour à aider à construire une culture où, malgré nos différences, nous sommes unis en tant que tes enfants bien-aimés - où personne n'est exclu. Montre-nous comment utiliser nos paroles et nos actions pour rassembler les gens dans le respect, la gentillesse et la coopération. Puissions-nous voir notre diversité comme source de force et de beauté, et puissions-nous tisser ensemble un monde plus uni et plein d'espoir. Nous te demandons cela par Jésus-Christ notre Seigneur.

Amen. +

If time allows for deeper reflection, continue with the following:

Let us listen to a reading from scripture (Eph 4:1-4a, 6)

A reading from the letter of Paul to the Ephesians

Brothers and sisters, I, Paul, ... beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. For there is one body and one Spirit ... one God and Father of all, who is above all and through all and in all.

The Word of the Lord. Thanks be to God.

SPIRITUAL REFLECTION

"God created us in his image, in the image of his own triune being, a communion in diversity ... The truth is ... that we are all ... called to work together so that there will be no more walls that separate us, no longer others, but only a single 'we,' encompassing all of humanity ... I also make this appeal to journey together towards an ever wider 'we' to all for the sake of renewing the human family, building together a future of justice and peace, and ensuring that no one is left behind." (Pope Francis, Message for the 107th World Day of Migrants and Refugees, September 26, 2021)

PRAYERS OF THE FAITHFUL - Please respond, "We Pray to the Lord."

- For the Church throughout the world: that we may strive to live the entire Christian message, we pray to the Lord. R
- For Pope Francis, that the Spirit continue to give him strength in renewing the Church for today. We pray to the Lord. R.
- For our Bishops and priests, may they continue to guide and encourage the staff to remain faithful to Gospel teachings, we pray to the Lord. R
- For our school and all our students that we rediscover God's love and how we are many, we are one. We pray to the Lord. R.
- For prayers that we hold in our hearts (silence). We pray to the Lord. R.

CLOSING PRAYER

You have made us different, Lord, and you have made us uniquely beautiful. No two of us are the same. And yet you constantly remind us that, beyond everything that could separate us, deep down, we are one, because we are *yours*. Help us to reach out to others across those differences, to discover their special giftedness and light. Help us to be builders of bridges and of unity, by our compassion and our curiosity, our openness and our kindness. May we never forget what unites us, and may our actions help to bring people together each day. Yours is the glory, Lord, now and forever. Amen.

+ In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Tu nous as créés différents, Seigneur, et tu nous as faits unique et merveilleux. Aucun de nous n'est pareil. Et pourtant, tu nous rappelles constamment qu'au-delà de tout ce qui pourrait nous séparer, au fond de nous, nous sommes unis, car nous sommes à toi. Aide-nous à tendre la main aux autres à travers ces différences, à découvrir leur don et leur lumière particuliers. Aide-nous à être des bâtisseurs de ponts et d'unité, par notre compassion et notre curiosité, notre ouverture et notre gentillesse. Puissions-nous ne jamais oublier ce qui nous unit, et que nos actions contribuent chaque jour à rassembler les gens. À toi soit la gloire, Seigneur, maintenant et pour toujours.

Amen +

Au nom du Père, et du Fils et du Saint-Esprit. Amen. +

(Special Thank you to Ecole St Margaret grade 8 class Mme Rouffiange and Vanier Collegiate M Rouffiange for the French Translations)